

A Guide To A Good Relationship*

When you have a good relationship with your children, they are more likely to listen to you, to want to help around the house, and be sensitive to your values and ideals.

Every goal you might have for your family starts with a good relationship.

1 Be A Role Model

Children learn through imitation way more than from what you tell them. Be the person you want them to be and you'll see results.

When speaking to your child, ask yourself "would I speak like this to a friend?". Be respectful to induce respect.

2 Develop Mutual Respect

Follow through on your promises, don't share their confidences, be aware of what's important to them and create a trust where your children can bloom.

3 Build Trust

Quality relationships aren't built in a day. Free up some time for your child and enjoy it. Quality time is great, but it can also be sharing chores or daily activities, walking the dog or cooking dinner.

4 Prioritize Time With Your Child

Ready?

Make "relationship is the foundation of everything" your new mantra!